

Health & Safety Policy

Barnes Runners (the “Club”) aims to promote the health, safety and welfare of all persons to whom we owe a duty of care, including athletes, volunteers, coaches, parents, spectators and visitors through a commitment to the development of a positive health and safety culture.

To achieve the highest possible standards, the Club aims to, so far as is reasonably practicable:

- comply with all relevant health and safety legislation and guidelines;
- conduct risk assessments, ensuring actions arising are implemented and the risks are reduced to the lowest practicable level;
- provide defined procedures, which include safe methods of working for all those involved in the delivery of Club activity;
- seek to prevent accidents, incidents, near misses and cases of Club activity related ill health;
- report any accidents, incidents, near misses and cases of ill health arising from Club activity and ensure the timely completion of investigations to prevent incident reoccurrence;
- implement emergency and first aid procedures;
- ensure mechanisms are in place to report hazards and identify and rectify faults;
- ensure suitable welfare arrangements are in place and provide a safe and healthy environment for all those involved in Club activities and events, and;
- provide appropriate information, instruction and supervision to ensure all those involved in Club activity take care of their own safety and welfare and that of others.

The Club Committee will make every reasonable effort to ensure all organised Club training runs and events are run in safe environments. It is the responsibility of all participants to consider any known medical conditions and/or consult with a medical professional before joining a Club organised run or entering or competing in any Club event.

By participating in any Club organised runs or events, you, as members of the Club, acknowledge that runs are usually held on public roads, trails or pathways that are not controlled by the Club and that these spaces are often shared with other users (e.g. The charity Turkey Run). Members are required to consider the safety of other users as well as their own and act accordingly.

Members hereby further agree:

- to abide by any rules published for any event and any additional instructions provided by run leaders and marshals;
- that it is entirely your decision to take part and that you are participating entirely at your own risk;
- that you will participate in a manner that is safe;
- that any personal equipment you use is your own responsibility;
- to abide by the rules of the location (if any);
- to behave in a manner that befits any sporting event, and that any misbehaviour may result in disqualification from the event.

Members entering events organised by other clubs or sporting organisations must adhere to any rules and instructions published by the organisers acknowledging that adherence to such rules and instructions are designed to minimise the risk to safety of participants and third parties.

Members using the track at Barn Elms should familiarise themselves with the terms and conditions of use published by Barn Elms Sports Trust (BEST) at <https://www.bestfields.co.uk/terms-and-conditions/>. The Club will seek to ensure that the track is safe to use for scheduled group sessions. However, if any aspect of the BEST track and surrounds are considered to be unsafe and/or not in good repair, members should report such faults to the BEST office on site and to the Club Committee who will take reasonable steps to ensure the safety of users.

The Club is committed to the development of individuals involved in the delivery of Club activity and aims to:

- establish an effective process that identifies how the health and safety responsibilities are allocated and communicated across the Club;
- communicate matters affecting health and safety, and;
- provide appropriate information and support to ensure all those with a responsibility for health and safety are competent in their role.

The Club Committee is responsible for the implementation and management of the health and safety arrangements that exist within the Club and accepts this responsibility. The Committee will review this policy statement at least annually and any revisions will be made accessible to members.